



TOOL 4 ACTION PLANNING

In PAR processes it is important to be active, in the sense that planning processes outline strategic and long term actions, as well as immediate and short term activities. In this sense, PAR processes recognise the need to act together, not only for the purpose of achieving the particular outcomes, but also for nurturing relationships and collective bonds. Furthermore, actions need to embrace the need for 'quick-wins', addressing immediate challenges and building energy for change, as well as strategic vision on how a sequencing of actions can build pathways to advance the strategic visions of change.

Collectively filling out the following table, which represents one cycle of action, can be a useful activity for the PAR groups to help identify a strategic and sequential set of actions. The key questions to discuss together are 'how' and 'who' to engage with at each stage. Within planning cycles, there is an important difference between actions that can be taken immediately and actions that are longer-term or more strategic. Immediate actions can be seen as 'low-hanging fruits' that build collective confidence, keep momentum and deepen reflection through action. Tables such as these can help to break the overall strategic site of impact into these smaller sets of short-, middle- and long-term actions.

Cycle	Aim	How?	Who?
Experience	Engage with real world setting		
Understand	Engage with key stakeholders, diagnose, generate data		
Plan	Design of action to bring about positive change		
Act & Access	Implementation phase, reflecting with both PAR group participants and target audience		

